

Vol 14. Issue 3 | June 2019

BITS AND BYTES

Pattison High School's Newsletter for Parents and Guardians



PATTISON HIGH SCHOOL

We don't teach a class; we teach individual students in a class

Important Dates

June 12 - 14

Midterm exams

June 20

Midterm Report Card due

June 20

Parent Teacher Night

June 21 - 27

Numeracy Assessment

June 24

English 12 Provincial Exam

June 26

Communications 12
Provincial Exam

July 01

Canada Day, no classes

July 05

Student Activity Day

July 11

Interim Report 2

July 26

Awards and Graduation Day

August 02

Start of Final Exams Session

August 05

British Columbia Day, no classes

August 06 - 07

Final Exams

August 08

Final Marks Due

August 09

Last day of classes

August 12 - September 02

Semester Break, no classes

September 03

First day of Fall Semester,
Orientation for all Students



A message from our Principal

BY MR. DANIEL CHOWNE

This is exactly how we like it: It is another spectacular Spring in Vancouver and we are, as always, enjoying the beautiful setting of the school and its 'heart of the downtown' location. We look around us and we see a profusion of greenery and colourful plantings.

At the same time, our thoughts turn to the importance of the transition from the 2018-2019 to the 2019-2020 academic year in BC education. In the following months, we embark upon the final year of curriculum evolution that has led us from the focus on content and data [in the Graduation Program 2004] to the focus on collaborative inquiry, research, First Nations principles of learning, and self/peer assessment [in the Graduation Program 2018]. These are exciting times as the high school program becomes increasingly inclusive of methodologies to promote individual students' exploration of the academic world.

In addition to the academic work that is our major focus every day, there is a great deal of extra-curricular energy that we enjoy.

Through either participation, or observation, we see clubs in action, community services in effect, and our diverse population of students enjoying each others' company.

Administrative staff and teachers are pleased with the care and support that is demonstrated among students who represent almost two dozen countries. You are receiving this Bits & Bytes newsletter following the electronic publication of the mid term reports. By this time, the recipient has a formal picture of the progress of the student. This is an important time in the semester as we are at week 8 of the 15 weeks – at the 55% stage of learning and achievement.

Upcoming this month are an English 12 Provincial Exam sitting on June 24 and the Numeracy Assessment from June 21 to 27. We look forward to meeting with everyone at the Parent / Teacher night on June 20.

Sincerely,
Daniel Chowne,
Principal.



"It is not a question of starting. The start has been made. It's a question of what's to be done from now on."

B.F. Skinner

Counsellor's Corner

BY CAROLE MORAN

As I write this, we are now more than halfway through this sunny Spring 2019 semester at Pattison High School. Over the past 8 ½ weeks, since we started at the end of April, our students have been working and studying hard with the guidance of our outstanding teaching faculty. Now, students and parents alike are eagerly anticipating the midterm grade report cards. Within the counselling office, our Grade 12 students are finalizing their details for University/College for their exciting starts in September or January, and now our Grade 11 students are excitedly coming by to discuss their post-secondary goals! It is indeed a very exciting time of year.

Beyond academics, I also rejoice in seeing new friendships grow within our beautiful international student population. Some of these friendships have developed through classroom work and shared goals, and also through our many various clubs and activities. This week alone will be a busy one, as we prepare to greet and welcome all parents, guardians and custodians at our Parent/Teacher night Thursday.

We were all delighted to enjoy the past "Welcome Back to School" BBQ event and our Student Government has been busy preparing for every occasion that is upcoming, including our

Canada Day BBQ on June 28th! I also had the joy of watching and listening to all of our Pattison High School students taking the time to write a "Canada Quiz" in anticipation of adding more Provincial House points to their tally. That was a lot of fun!

July will bring more fun and activities. We will all head up to the top of Grouse Mountain for the day on July 5th! Some will be zip-lining, some challenging themselves to the Adventure Rope course high in the trees, while others will be discovering the mountain top! We can't wait! Moreover, July also will bring our amazing Private Yacht Cruise for our fabulous grads, guests, and Prom attendees. The details are still developing, but I can feel the excitement building.

July also brings the development of careful and thoughtful planning for the next semester of Fall 2019. I will be meeting with all students to discuss their upcoming semester and their Graduation Plans. I immensely enjoy sharing in all the enthusiasm, energy, and passion that our students bring to our school and bring to my office. I share in their successes as well as their struggles, and have had the pleasure and honour of their stories. I wish all our students the best over the remainder of this Spring 2019 semester and their future pursuits; both academically and socially.



"The most creative act you will ever undertake is the act of creating yourself."

Deepak Chopra

YOUTH TEAM CHALLENGE

2019
SUN
RUN

On April 14th 2019, PHS Students and faculty, including Ms. Moran, Ms. Pettinger, Mr. Spangler, and Mr. Chowne put on their running gear and ran for a great cause! The Sun Run promotes health, fitness and a sense of community. It is one of the largest road races in North America; proud to have donated close to \$2.625 million in charitable proceeds in the past 35 years.





BBQ PARTY

MAY 24, 2019

On a beautiful and sunny Friday afternoon, PHS students celebrated with "Mr. A's Barbie - Q!" event. Live music was performed throughout the event by students, a range of tasty foods and treats were prepared, and everyone thoroughly enjoyed a relaxing, fun filled afternoon.

"The purpose of the welcome back to school BBQ was to welcome new students while introducing them to our current students. The BBQ created a friendly environment for all the students to engage in a non-academic activity. As the President of the Student Council, I can declare the event a success. A success towards which, all the members of the Student Council contributed. Thank you, Pattison High School for giving us this opportunity, and thank you, Student Council for your association."

The President of the Student Council,
Kimiya Mansoori.

NEXT BBQ PARTY

The Student Council's next BBQ party will be on Friday, June 28th in celebration of Canada Day and the completion of the PHS Provincial Houses Competition!



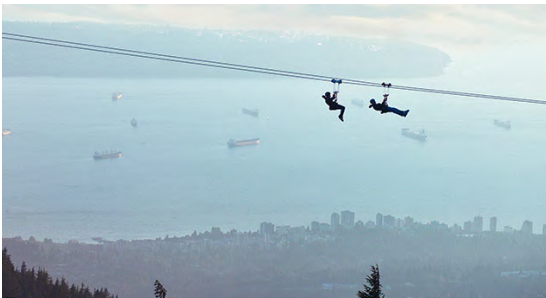


STUDENT ACTIVITY DAY

Students traveled to Whistler Blackcomb (a ski resort located in Whistler, BC) for the 2019 Winter Semester Activity Day on March 1st 2019. It is one of the largest ski resorts in North America, featuring a world record-breaking Peak 2 Peak Gondola, stunning scenic mountain top views and a vibrant ski village, packed with many restaurants and stores. Students really enjoyed their day in this beautiful, picturesque location.

NEXT ACTIVITY DAY

**Grouse
Mountain!**
July 5th 2019



PERSIAN NEW YEAR 2019

HAPPY NOROOZ

PHS Students joined millions of people across the globe, in the celebration of the first day of Spring and the Iranian New Year, Norooz. Norooz promotes the values of peace, reconciliation and neighborliness between generations and within families. Our students celebrated with a haftseen full of delicacies in school to express this tradition and celebrate the new year.



Commencement Ceremony at the Vancouver Art Gallery

Congratulations to our wonderful Winter 2019 Semester graduates, who celebrated their commencement ceremony and prom at the Vancouver Art Gallery on April 11th 2019.

A memorable evening was enjoyed by all, as music students performed beautiful melodies and heart-felt speeches filled the air. Everyone cherished the experiences they had during the semester, and commended the graduates for their hard work.

As always, Pattison High School is immensely proud to be a part of your educational journey, and wishes all graduates the best of luck in all of their future endeavors.

"Education is the most powerful weapon which you can use to change the world." - Nelson Mandela



Student Clubs at PHS

Chess Club

Wednesday @ 2:45

Mr. Joel

Science Room

Student Council

Monday @ 3:45

Mr. Arthurs

Room 112

The Inklings

Thursday @ 3:50

Mr. Spangler

Room 108

Hatha Yoga

Monday @ 4:30

Ms. Moran

YMCA

Knitting Club

Thursday @ 3:50

Mr. Joel

Lobby

Music Club

Wednesday @ 2:45

Mr. Catalano

Lunch Room

Running Club

Tuesday @ 3:45

Mr. Spangler & Ms. Pettinger

Room 118

Soccer Club

Wednesday @ 3:45

Mr. Burke & Ms. Pettinger

Room 113



"People who use time wisely
spend it on activities that
advance their overall
purpose in life."

John C. Maxwell

Student Clubs at PHS

Chess Club

By Mr. Joel

Come to room 115 and learn to play the timeless strategy game of chess. You will learn to expand your mind, memorize, and create improved game plays. Many of the brilliant minds play chess to stay fresh and alert. Join today to keep your mind as tuned as the masters!



The Inklings

By Mr. Spangler

“The Inklings” is a creative writing and book club with English peer support. Join us to discuss books you have read, books you want to read, to get inspired and break through writer’s block, to share creative writing you have produced, and for assistance with English assignments. We meet after school on Thursdays in room 108.



Running Club

By Ms. Pettinger

The Pattison Panther’s running club was started by Ms. Moran at the beginning of this year to help students prepare for the Vancouver Sun Run. The Vancouver Sun Run is Canada’s largest 10K road race and everyone is encouraged to participate. The race and our running club focuses on promoting health and wellness, team spirit, and fun. We had a great turnout for the race and plan to continue running throughout the spring semester. We welcome all running levels and abilities and emphasise involvement and effort. The club meets with Mr. Spangler and Ms. Pettinger every Tuesday at 4:00 pm for about 30 to 45 minutes depending on students’ level and desire.

Knitting Club

By Mr. Joel

Come join knitting with Mr Joel, where you will start a new fashion trend, one stitch at a time. You are welcome to bring your own yarn and needles, or borrow the school’s knitting supply; and if you ever find a pattern, bring the instructions and we’ll figure out the steps together! The yarn is calling.

The Student Council

The Student Council at Pattison High School invites students to gain experience in administrative and parliamentary procedure, group planning and cooperation, along with planning events, providing peer mentorship and collaborative experiences. This type of activity is intended to prepare students for joining student clubs, along with student governments, at the university level.

During the Winter 2019 Semester, the Student Council organized and hosted the extremely popular "Break the Rules Day" for general fundraising, while designing and coordinating a St. Patrick's day event (with some help from Ms.Egan!). Furthermore, in perhaps their most ambitious project to date; the Student Council helped consolidate Pattison High School's graduation prom, with Ms.Moran, at the Vancouver Art Gallery Law house.

So far during the Spring 2019 Semester, the Student Council organized a welcome-back-to school BBQ and are planning Canada Day Celebrations. If anyone is ever interested in joining the Student's Council to earn volunteer hours and professional development evidence (an in-demand university asset), they are encouraged to come join the Student Council!



The Student Council

Personal statements from our Student Council Members:

"Student Council members are a part of an elected group of leaders who stand to promote pride, spirit, service, and achievement in the Pattison High School community. This group is designed to help students learn the democratic process, the appropriate ways to affect change, and develop their ability to interact with adults in the community."

- The Secretary (Minute Taker) of the Student Council, Ha Anh Dinh (Amelia)



"The Student Council is a safe environment for students' concerns. Every week the Student Council comes up with ideas to engage students in different activities at Pattison High School. The Student Council is an opportunity for students to gain leadership and communication skills."

- The President of the Student Council, Kimiya Mansoori.



"It is my pleasure to work as the Vice President of the Student Council. I had the chance to participate in many of the school's activities and keep the school's spirits alive. I have learned a lot about responsibility and working with other students. I also met amazing friends from whom I had learned great things. Being the Vice President helped me improve my skills and become a better version of me."

- The Vice President of the Student Council, Nhu Quynh Tran (Rosy)



PHS Clubs at the YMCA



YMCA Activities

The YMCA offers a variety of activities from Yoga to Badminton. Students can either participate in daily scheduled classes, or they can go in their own free time and take advantage of the gym, swimming pool, hot tub, steam room, and sauna.

Ms. Pettinger is our YMCA lead. If you have any questions about how to get involved or what classes might work well for you talk to her. You can find her in room 118!

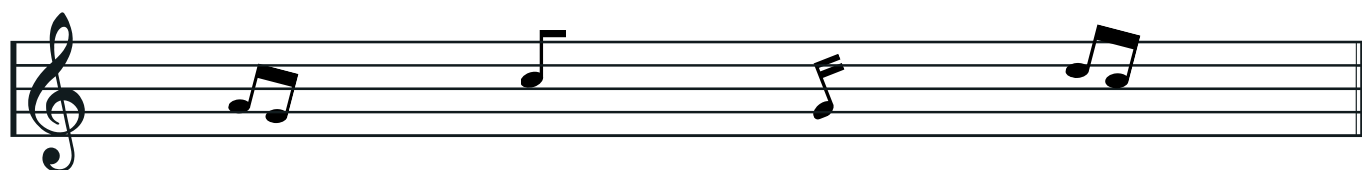




Music Club

Music club meets in the lunch room at 2:45 pm each Wednesday. Any students who want to perform at events (Grad commencement ceremonies, holiday parties, BBQ's, coffee nights, and other events) or to learn about song writing, music arrangement and production, are welcome to attend. We try to integrate all styles of music including Rock, Pop, Jazz, Classical, Folk, Indie, Experimental, Electronic and more.

All instrumentalists and vocalists of any experience level are invited to attend. Just bring your passion for music, and your willingness to collaborate and try out new ideas. You will find that it is always a fun and productive environment to be in!



Visual Arts

One of our newer courses, visual arts, offers students the opportunity to learn and enhance their artistic styles and techniques. This will help them transform their art from ordinary to extraordinary. Since enrollment is limited, please make sure to make a note for next semester and talk to Ms. Moran about introductory classes!



- Jack's Portfolio



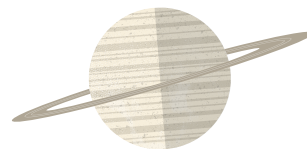
First watercolour
- by Mea



Two artists with one blanket
- by Keenan & Jack

Digital snowboarder, acrylic bottle & street views - by Chloe

Science & Fun



Natural science is the study of the world around us, and is composed of biological sciences and physical sciences. It is both a body of existing knowledge, and the process of acquiring new knowledge through observation and experimentation. As a consequence, science is always evolving as new discoveries are made.

In Science 10, we investigate topics such as genetics and how DNA affects traits and heredity, chemical reactions and energy transfers and how they affect our lives, as well as astronomy and how technology has helped expand our understanding of the universe.

As much as possible, hands-on activities and videos will help students gain a deeper understanding of the world we live in. To discuss enrollment, talk to Mr. Vandervelde or Ms. Moran.



THE CRISIS INTERVENTION AND SUICIDE PREVENTION CENTRE OF BC

MARCH
2019

<i>Aida Khayambashi</i>	<i>Melika Ziad</i>
<i>Alex Quefuy Loo Hau</i>	<i>Minting Zuo</i>
<i>Ali Nikan</i>	<i>Parsa Manouchehrian</i>
<i>Amelia Dinh</i>	<i>Pershian Rasekhi</i>
<i>Amin Sharifi</i>	<i>Saba Niakhalili</i>
<i>Behnam Nazarai Yaychi</i>	<i>Sarina Mousavi</i>
<i>Chau Ngoc Kim</i>	<i>Soren Tabatabaeian</i>
<i>Khoa Van Nguyen</i>	<i>Soroush Mohebat</i>
<i>Kimia Mansouri</i>	<i>Tina Eghdam Zamiri</i>
<i>Liz Khanh Linh Pham</i>	<i>Yoko Yiching Tang</i>

"Together we give hope"

Massive congratulations to our students above, who successfully completed the "Mindfulness: Self-Care Peer Helper Training" from The Crisis Centre. All students received impressive certificates for their attentive participation in increasing self-awareness and care through daily mindfulness strategies, and an exploration of gratitude practice.





WELLNESS WEEK



**MARCH
2019**

We kicked off March with a successful Wellness Week at PHS! This significant event promoted initiatives to help students and staff with their personal health and overall well being. Students were encouraged to keep fit and healthy, care for their mental health, and establish and maintain a good school / life balance. Students participated in outdoor yoga at Nelson Park, in class and outdoor meditation, created a "Thankful Wall", and promoted a healthy food and no soda day.



THE GREAT CANADIAN MAIL RACE

**JUNE
2019**

"The Great Canadian Mail Race" has come to Pattison High School. It is an innovative letter writing idea which exposes students to a thrilling reading and writing activity. Students also experience what communication was like before social media came into existence. After receiving a letter from Cyrus at Wilson Middle School in Lethbridge, Alberta, English 9 students at Pattison High School wrote their letters and mailed them in person.



VANCOUVER INTERNATIONAL CHILDREN'S FESTIVAL

**MAY - JUNE
2019**

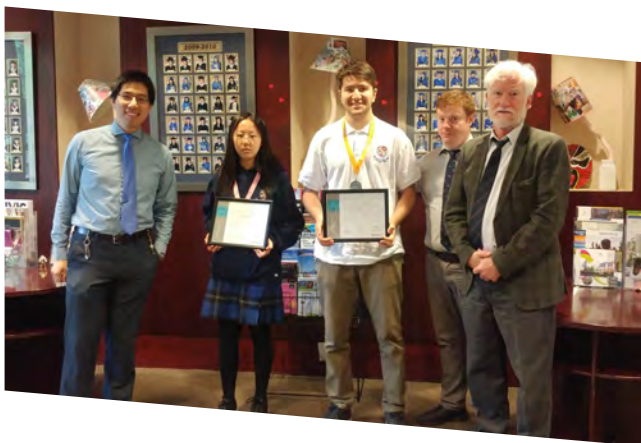
Congratulations to our PHS students who volunteered at the recent Children's Festival on Granville Island! Our students were involved in a range of duties at the festival from head hosting, ushering, ticket taking to theatre and circus crew support!

Aida, Ali, Amelia, Amirali, Arsalan, Atoosa, Aylar, Behnam, Kasra, Kiarash, Kimia H, Kimiya M, Melina, Mohammad Amin S, Mohammad Amin Z, Mohammadreza, Nooshin, Ruby, Saba, Sina, Soroush, Tina & Yoko - Thank you for your involvement.



THE UNIVERSITY OF WATERLOO MATHEMATICS CONTEST

**JUNE
2019**



Congratulations to Arsalan Abdollahi and Jinxuan He (Alice) who earned prestigious, internationally recognized Mathematics awards from The University of Waterloo's Mathematics Contest. Both students ranked within the top 25% of participants throughout the country; an outstanding achievement. Well done!



PHS PROVINCIAL HOUSES "CANADA DAY" COMPETITION

**JUNE
2019**

In preparation for Canada day festivities in and around the city, Pattison High School announces its first ever Provincial Houses Competition! All class groups have been divided into 12 different Canadian provinces and territories, or 'Houses'.

Throughout the month of June, students and class groups will have numerous opportunities to earn or lose points for their house! Each classroom door and room has been decorated with beautiful displays, as well as images of the province. The winning province will be announced at the Student Council's Canada Day BBQ on Friday June 28th. May the best province win!



University Acceptance

2018 - 2019



BCIT

Shahidizandi, Kooshan
Chuhan, Shao
Kian, Fahimi
Victor, Gladush
Zhang, Yichen

Capilano University

Lude, Huang
Haowei, Shi
Wenxuan, Song

Concordia University

Ahmadian, Omid

Douglas College

Runyang, Zang
Xinyu, Cao

FIC

Qin, Mengyi

KPU

Cai, Suixin
Tai, Yu-Hsiu (David)
Xing Chang, Yang
Dong, Yu Yang

Langara College

Wanyun, Zou
Le Ha My, Nguyen
Minh Tri, Tran
Emad, Tabrizy
Tarjoman, Shervin

Asadi, Sina
Shekari, Seyed Amirhossein
Jamshildil, Mohammad
Li, Jia Xin (Jasper)
Sheiban, Shayan
Jin, Wang (Chloe)
Beikhorassani, Matin

Medicine Hat College

Setareh Rafiee, Bandary

McGill University

Sang Hoon, Lee

Queen's University

Xue, Qiaoyu

Ryerson University

Li, Yufei (Ruby)

SFU

Qin, Mengyi
Yuxin, Dai
Yuxin, He
Xinyi, Chen
Yunqing, Zhang
Li, Zhenyuan
Chuang, Chi-an

University of Alberta

Chen, Zhengyang

University of Toronto

Zhenyu, Wang
Je Yeon, Chung
Michael, He
Lin, Zhenting
Mu, Yuxuan (Leo)
Gao, Bohan (Harry)
Gie, Hanchau
Ren, Quanru
Ye, Zhuorui
Li, David

University of New Brunswick

Moradi, Kasra

University of Victoria

Zhijie, Wang
Tamara, Tan

UBC

Mang Wai, Lam
Shirin, Salehzadeh
Yiqing, Zhang
Haiping, Lai
Deng, Jinghong

York University

Rui, Zhao

Vancouver Film School

Sara, Mokhtar

Western University

Zuo, Minting (Mandy)

Awards Day

On April 5th 2019, in keeping with the tradition of Pattison High School, we commended our exemplary students for their outstanding performance and contribution to our school, after completing the Winter semester.

It was a rewarding and positive day hand delivering certificates, as the school congratulated and recognized the students who go above and beyond in their efforts and work every day.

Since this is a continuing tradition, every student is eligible to be nominated and awarded at the end of each semester. Let's keep working hard to achieve greatness together!

Below you will see our Principal Mr. Chowne, and Counsellor, Ms Moran, congratulating numerous students on their outstanding achievements.

Congratulations to all!



Graduate Student Testimonials



Micheal He
PHS Graduate
UoT Student
Chinese

"Pattison is definitely an educational institution that has successfully defined and carried out its mission statement; "We don't teach a class, we teach individual students in a class."

"I spent one and a half years at Pattison High School. All the teachers and staff here at Pattison are passionate with helping students to succeed in terms of academic and personal development by exercising their creative teaching styles and encouraging student engagement with the local community".



Shirin
Salehzadeh
PHS Graduate
UBC Student
Iranian

"My two years at Pattison High School were among the best years of my life."

"Teachers are really kind and they want to help the students improve. The atmosphere is very friendly and the staffs and students are really supportive. Meeting people from other countries is another thing that I like about PHS. I have learned a lot about different cultures and languages. I made new friends, and I created lots of beautiful memories with them. When I first came to PHS, I was worried about the new environment, but my teachers and friends helped me to be strong and confident. PHS made me ready for my future. Thanks PHS for everything. "

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