



# SPRING '21 NEWSLETTER

*Pattison High School's official newsletter  
for students, parents & guardians*

TEACHER MESSAGES - P.5

WINTER 2021  
GRADUATES - P.12

ACTIVITY DAY - P.15

STUDENT CLUBS - P.20

## MEET OUR NEW STUDENT COUNCIL



# SPRING 2021 CALENDAR

May 03

Orientation of all students,  
first day of classes

May 04

AP exam administration,  
Calculus AB

May 05

AP exam administration,  
Physics 1 Algebra-based

May 10

AP exam administration,  
Macroeconomics

May 12

AP exam administration,  
Microeconomics

May 14

AP exam administration,  
Chinese Language & Culture

May 20

AP portfolio submission,  
2-D Art & Design

May 24

Victoria Day, no classes

May 31

Interim Progress Report #1  
to be published

June 22 & 23

Literacy Assessment 12

June 15 - 18

Midterm exams

June 24

Midterm Report to be published  
Parent-Teacher Night

July 01

Canada Day; no classes

July 02

Summer School classes begin

July 07

Student Activity Day

July 12

Professional Development Day,  
no classes

July 23

Interim Progress Report #2  
to be published  
Faculty Meeting #6

August 02

BC Day, no classes

August 05 - 10

Final Exams

August 06

Awards and Graduation Day

August 13

Final Report Card to be  
published. Last Day of Classes

August 16 - Sept 05

Semester Break; no classes

# EVENTS

## Midterm Exams and Report Card

Thursday, June 24th

## Parent Teacher Night

Thursday, June 24th and Friday, June 25th

## Canada Day Student Council BBQ

Wednesday, June 30th

## Canada Day, no classes

Thursday, July 1st

## Summer School Classes Begin

Friday, July 2nd

## Professional Development Day

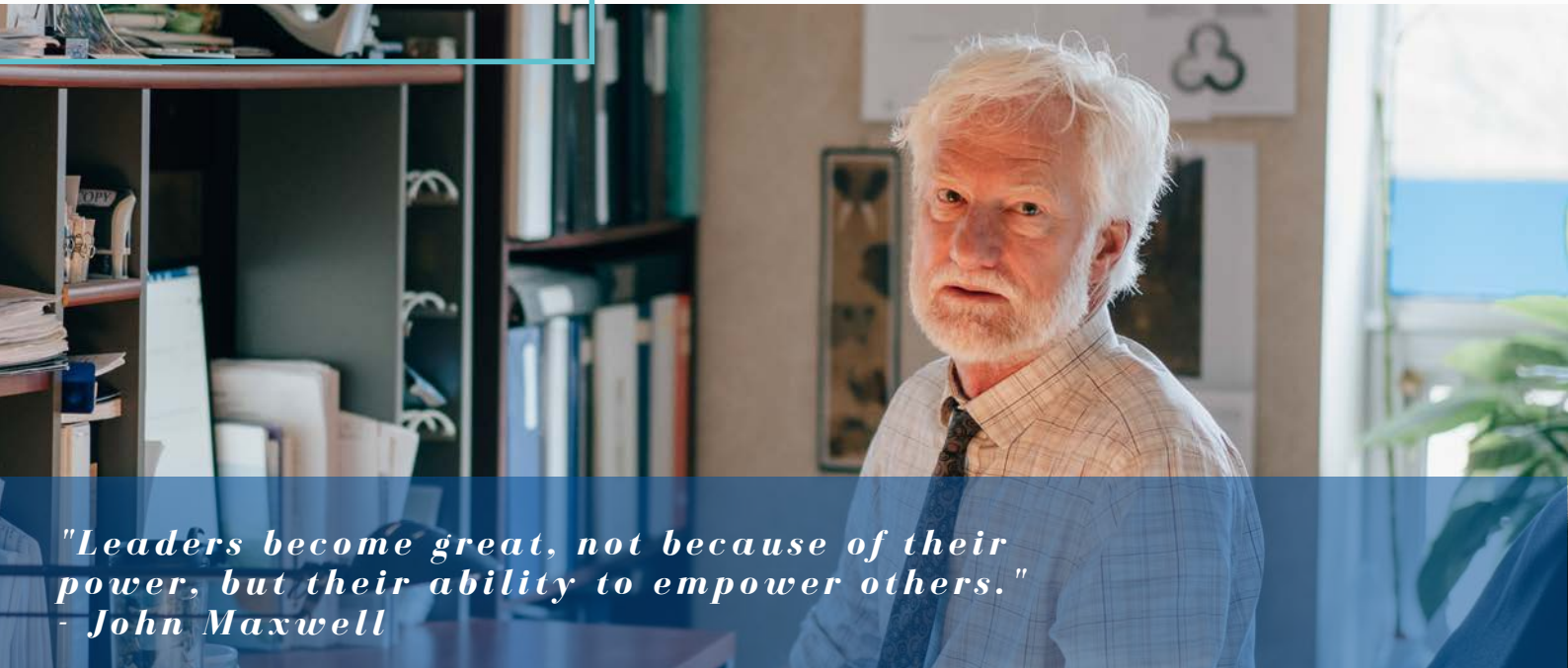
Monday, July 12th

## Student Activity Day

Wednesday, July 7th

# PRINCIPAL'S MESSAGE

BY MR. DANIEL CHOWNE



*"Leaders become great, not because of their power, but their ability to empower others."*  
- John Maxwell

Happy first day of summer!

Is it not extraordinary that I write this message on the longest day of the year, in brilliant sunshine and a lovely heat? We truly welcome Summer.

As if to recognize good health and the bounty of the earth, this week is wellness week at Pattison High School. The counsellor has drafted a schedule of: healthy eating, mental wellness, physical wellness, academic pressure, and social wellness. Each day of the week will focus on one of these.

The Spring semester Activity Day will take place in early July, with a focus on the Capilano River, a barbeque, and kayaking. This is expected to be an extraordinary day.

On Wednesday, June 23, the school will sit the last of the provincial assessment candidates. This will be the last session of the 2020-2021 school year. We wish the very best of results to those who write. Results should be known by the third or fourth week of July.

In our programming, Pattison High School continues to be a hybrid learning community where students are encouraged to attend classroom-based learning, as well as the learning experiences that take place every day on the electronic platform.

Effective September 2021, the school expects to have fully returned to the classroom-centered educational experience.

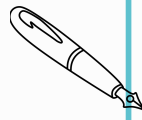
Our students will be pleased to be returned fully to their learning groups, and the school will be pleased to see the students in full school uniform.

Faculty continues to refine, elaborate and extend its expertise with uses of the varied approaches to academic inquiry. The entire BC school program, including the Graduation Program, is now transitioned to the 'new' BC curriculum with its emphasis on collaborative inquiry and research. This provincially-initiated revitalized approach to academics is complemented by the inclusion of First Peoples' Principles of Learning, and an increase in the use of peer and self-assessment as a means by which students may gauge their progress.

The school has just published the Spring 2021 mid-term report. Teachers, the counsellor and the principal are looking forward to meeting virtually, on Thursday June 24 and Friday June 25, with students' families, custodians, friends and agents to discuss student progress.

Sincerely,  
Daniel Chowne Dip.Ed., MA





# COUNSELLOR'S MESSAGE

BY MS. ERIN PETTINGER



*"If you don't go after what you want, you'll never have it.  
If you don't ask, the answer is always no.  
If you don't step forward, you're always in the same place."  
- Nora Roberts*

Happy Spring Everyone!

I hope you are staying healthy and getting out to enjoy the beautiful sunny weather. We are now a little more than halfway through this Spring 2021 semester at Pattison High School. Since we started at the beginning of May, our students have been working and studying hard with the guidance of our outstanding teaching faculty.

Teachers are taking an enthusiastic approach to transitioning students back into the classroom and are keen to see students in person. Student engagement in the new hybrid learning platform has been great and I recommend that students take advantage of the benefits of being with their teachers and getting the support that they need. Student participation, engagement and focus is greater in the classroom and all students are encouraged to return to school. Whether in the classroom or online, I encourage all students to stay engaged in their courses, to be best prepared for the next semester.

Our Grade 12 students are excitedly and busily making decisions for their academic futures in university or college. Some of our students are currently in the application process and if they need assistance, they can book an appointment to meet with me virtually on TEAMS or in my office. For them, it is time to make decisions about which university to decide upon.

Applying to post-secondary education is not an easy process, with so many details and dates to think of, but our students are bright, dedicated and are pushing themselves towards success!

Canada Day is fast approaching, and I am looking forward to celebrating together at our BBQ party on June 30th. It will take place on the patio in front of the school. Student Council has also prepared a "Canada Quiz" and lots of fun activities to take part in while enjoying the delicious food. July will bring more fun and activities. We will all head over to the Capilano Suspension Bridge to explore one of the most popular attractions in Vancouver then to Cates Park for another BBQ lunch and then finally to Deep Cove for a 2-hour guided kayaking lesson. We can't wait!

July also brings the development of careful and thoughtful planning for the next semester of Fall 2021. I will be messaging all students to discuss their upcoming semester and reviewing once again their individual graduation plans. Please feel free to message or email me anytime. I look forward to helping you on your pathway to the future. I wish all our students the best over the remainder of this Spring 2019 semester and their future pursuits: both academically and socially.

Sincerely,  
Erin Pettinger

# Teacher Messages

SPRING 2021 SEMESTER

## MR. CATALANO

Hello again students! It looks like things are finally turning around for the better in the world, and a lot of what we used to do at school will be coming back: being a huge part of a learning community, communicating more openly and freely with teachers and other students. For the rest of this semester, it will be so valuable for those of you who have been working exclusively on line to try your best to make more appearances on site. I am here to answer your questions about supplies, assignments, music tech, etc., and when you do come into the school to talk about things going on in both your life and in your studies, I will take the time to listen. See you soon!



## MR. VANDERVELDE

Having students return to the classroom has made the school feel like a school again, and I am hopeful we can continue to build up our community again. As a school we will continue to strive to be there for you, to help you through what remains of this difficult situation we have been in. Make the most of your time at Pattison, both socially and also as a student. Don't be afraid to talk to someone new or ask your teachers for help!



## MS. SUBRAMANIAM

"It is what you read when you don't have to that determines what you will be when you can't help it."  
~Oscar Wilde~



## MR. ARTHURS

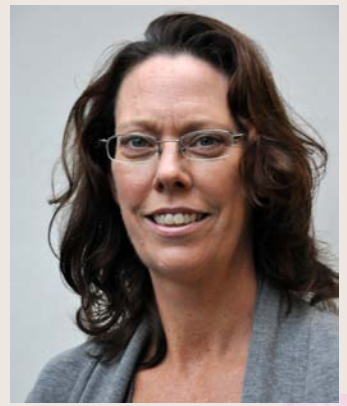
We've made our way through what has amounted to a challenging time and I want to express how wonderful it has been to see our students back in the classrooms at Pattison High School. I think I can speak on behalf of all the teachers this semester when I say that having students back in the school has reinvigorated our passion for teaching after three challenging online semesters. Moreover, you should feel proud of your efforts for finding a way to remain resilient throughout this complex time. Remember Mr. A's tips for moving forward: (1) always keep moving your body! It is the best free method of improving your mental health; (2) don't suffer in silence! Expressing your fears and emotions strengthens one's ability to be resilient when life challenges us; and (3) don't be afraid of the future, we are in your corner and we are always here to support you. Don't ever stop!





## MS. PETTINGER

Happy spring soon to be summer! I hope everyone has been doing well. Try to get outside and stay active and enjoy the sunshine. Student participation, engagement and focus is greater in the classroom, and I encourage all students to return to school. Keep working hard so you will have a successful semester and are well prepared for the Fall.



## MR. BURKE

I am here for you. It's literally my life's work to help you grow. Remember that your best days are ahead of you; sometimes the mountain you're climbing can obscure the view you're about to enjoy. But keep going and push yourself to see how far you can get in life!

## MR. SHELDON

It is great to see so many students return to school in person and to see everyone having fun and learning together. Learning is very much a social process, and it is great to see these social connections grow again. Come down to the Science room for some fun experiments or to play some chess.

"I cannot teach anybody anything. I can only make them think." - Socrates

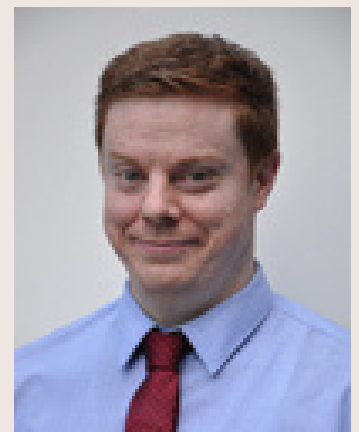


## MR. TUEV

I am sure it was somewhat unusual experience of learning for many of us during these days. However, you managed to overcome the difficulties and made it to graduation. Hopefully, this is only small part of your success in life. I wish you to achieve all your goals, learn from your mistakes and be able to see positive things even in negative experiences.

## MR. TRUMAN

Hello everyone! We are already at the midpoint of the term, and there is still so much to do! It seems like we're starting to see more and more faces back in the classroom, which is a great sign that we're returning to some level of normalcy again! Having faces to look at in the classroom and being able to fully connect with students really helps pick up my spirits. As we gradually return to the classroom, I think it's important for us to remember the importance of having personal connections in a face-to-face manner with others, as we all need more authentic interactions in our lives. So, if you're feeling down, reach out to someone and make sure to get outside and engage in physical activity as well."



# NEW STUDENT ORIENTATION

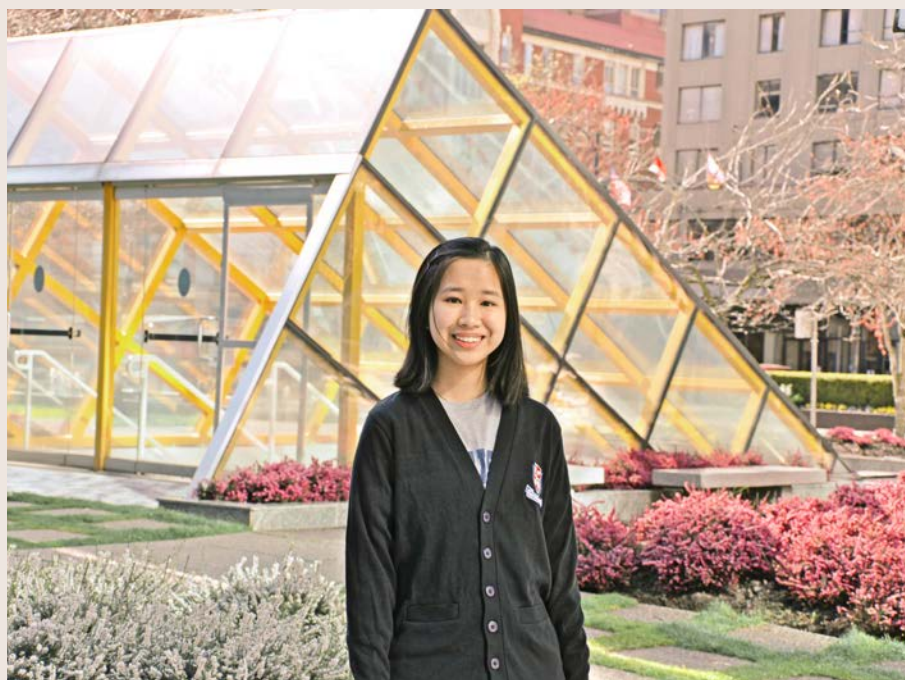
## WELCOME NEW STUDENTS TO PHS

Pattison High School welcomed new students to the current Spring semester, in early May 2021. New students were introduced to the campus, received a guidance session from Principal Chowne and our school Counselor, Ms. Pettinger. They also participated in a Microsoft Teams training session with Mr. Sheldon, and a Student Services and Admissions registration session.



## BEST WISHES TO RETURNING & NEW STUDENTS

Pattison High School congratulates you all for working diligently throughout the Winter 2021 semester and into the current Spring semester. Best wishes as we continue into the semester together.



## A WARM WELCOME TO YOUR NEW COMMUNITY!

Students,  
If you have any questions,  
please contact your advisor:

- Ms. Azar Akbari
- Ms. Stella Hoang
- Ms. Lynn Lu
- Ms. Karen Liang
- Ms. Fumiko Uchitani



# STAYING SAFE THIS SPRING !

## Pattison High School Community Safety Guidelines

- Wash your hands frequently
- Sanitize hands regularly while you are in school
- Wear a fresh protective face mask everyday
- Do not share personal items such as earphones, food or stationary, with any other student(s)
- Keep to the side of the hallway at all times
- Maintain appropriate physical distance from others
- Immediately seek medical advice if you feel unwell
- Stay at home if you feel unwell
- Respect the posted safety guidelines
- Follow the messages on safe washroom etiquette

*Extracted from the World Health Organization (2020)*



**IF YOU HAVE A FEVER, COUGH  
AND DIFFICULTY BREATHING,  
SEEK MEDICAL CARE EARLY**

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance.



**AVOID TOUCHING EYES, NOSE  
AND MOUTH**

Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth.



**WASH YOUR HANDS  
FREQUENTLY**

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.



**MAINTAIN  
PHYSICAL DISTANCING**

Maintain at least 2 meters (6 feet) distance between yourself and anyone who is coughing or sneezing.

# The Online Community

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## ONLINE LEARNING SUPPORT

Students, please contact our Microsoft Support Specialist, Mr. Sheldon, if you need technical support with Microsoft features or online learning: [online@pattisonhighschool.ca](mailto:online@pattisonhighschool.ca) or contact Mr. Sheldon through [Teams](#)

## TIPS FOR LEARNING ONLINE

### 1. **Be positive:**

Change can be challenging, however with a positive attitude, anything is possible! Remember that everything you are learning will help you grow.

### 2. **Be organized:**

Set up a work station from home. Be prepared, comfortable, peaceful and ready for, your classes each day.

### 3. **Establish a daily routine:**

Stay in regular communication with your teachers. Attend your scheduled Team meetings. Be active on the platform, be present.

### 4. **Set personal goals:**

Ask yourself what you would like to accomplish. No matter how big or how small, short-term or long-term. What are your personal goals and what are you doing to reach them?

### 5. **Use your resources:**

Keep yourself informed and connected. Ask questions and more questions. Do independent research. Teach yourself a new skill, take up a new hobby; keep learning.



# Teams Activity

*Thank you to all students at PHS for your effort in making the online learning environment a great place to be. Congratulations to the top eight most active students on Teams. Check out the fun facts below about our Teams activity!*



## TOP 8 ACTIVE USERS ON TEAMS

AHMADI, SEYEDMAHDI  
AHMADIAN, BAHAREH  
CHIBA, SHUNSUKE  
GOLPOUR, ERFAN  
GUO LEI, ZIWEY  
NGUYEN, VO BAO VIET (VILLY)  
QI, JIANPENG (JEREMY)  
ZHANG, TONGTONG



## FUN FACTS!

*Nearly 968 Teams posts!*

*Wow!*  
*Almost 310 Teams Calls!*

*Over 9,848 Team meetings joined!*

*Over 4,000 emails sent!*

*267 GB uploaded!*

*42,952 chat messages have been sent!*

*wonderful*



# PHS WINTER 2021 GRADUATES

CONGRATULATIONS STUDENTS!

ATASHBAHAR, DARA  
DANG, THUY MINH ANH  
ELAHI, MOHAMMAD REZA  
HAJIBEIKI, KIARASH  
KARIMI, MOHAMMAD

LI, CHEN RUNGE (RAIANY)  
MA, YANGCHEN (CHLOE)  
NIKKAR, DARYA  
NOSHAD, RADIN  
SHINODA, SHURI (RAY)

ZHANG, FEI (FOX)  
PHAM, LAN PHUONG (JANE)  
ZHAN, JIACHENG (JACK)  
UMEDA, AKITAKA



RADIN, PEDRAM, DARA & KIARASH



JEE & CHLOE



HAPPY GRADUATION DAY!



RAY





## A MESSAGE FROM MS. LU, PRINCIPAL CHOWNE AND MS. PETTINGER

"Commencement means to start, and you and your fellow graduates are starting on new pathways to future experiences and successes. Graduation from the BC High School program and furthermore to be accepted into post-secondary institutions, is an accomplishment for which you may be justifiably proud.

You, the Class of 2021, will forever be remembered as the graduating class that has had to face an unforeseen and exceptional global circumstance that had a significant effect upon your traditional learning styles. Yet, through your perseverance and strength of character, you continued to challenge yourself and move forward to success during this period. We who are your teachers, advisors, counselors, and administrators congratulate you. We wish you every success and happiness, and ask that you keep us informed of your own future successes."

### VALEDICTORIAN ADDRESS BY DARYA NIKKAR

"We all remember how impossible it seemed in the beginning, but it always seems impossible until it's done.

Congratulations everyone - we did it! Today is our day, so let's celebrate. I would like to thank all of the teachers and the staff members in school, for being with us during this long journey of life, helping us in hard times and making the best memories for us."



"Thank you Pattison High School for teaching us to be bold enough to use our voice, brave enough to listen to and believe in ourselves, and strong enough to live the life we've always imagined."



# STUDENT ACTIVITY DAY



MOUNT SEYMOUR, BRITISH COLUMBIA

Friday, February 19th 2021



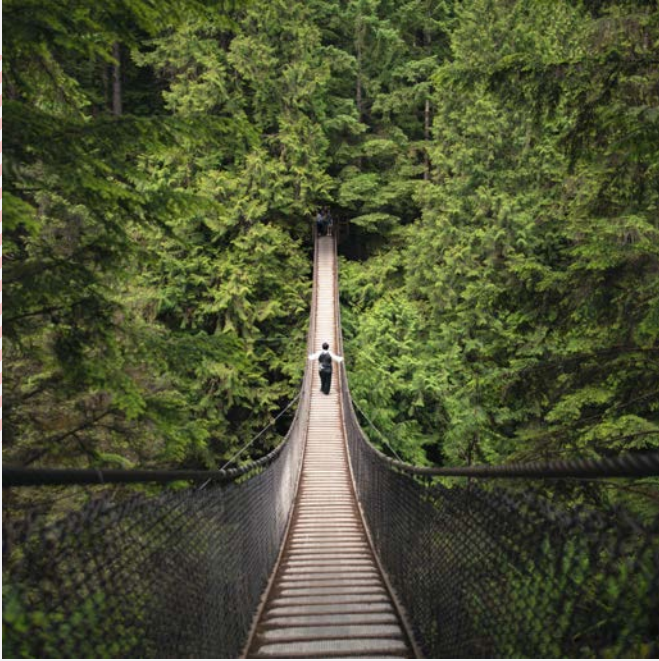


# STUDENT ACTIVITY DAY



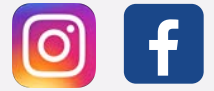
- CAPILANO SUSPENSION BRIDGE
- CATES PARK
- KAYAKING AT DEEP COVE

Wednesday, July 7th, 2021





# PHS'S FOOD OF THE WORLD SERIES!



Students were asked to introduce and share some interesting facts about one popular food or drink from their home country with the PHS community. A selection of food and drink from Vietnam, Japan, China, Turkey and Costa Rica were shared. Follow the school's social media to keep up! Thank you to all students and Ms. Hoang, for your involvement!



**MAHDI**



**YEN**



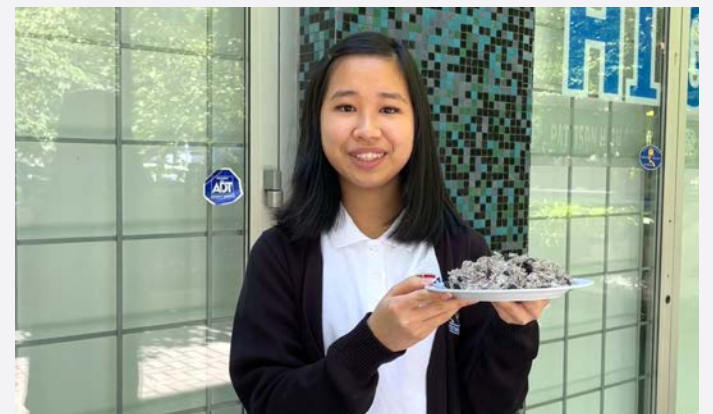
**MISATO**



**RAY**



**AYSE**



**ZIWEY**



# STUDENT EVENTS



## VIRTUAL TALK WITH MOE CLARK

We were very honoured to welcome Moe Clark to virtually present and share perspectives on the literature and art of First Nation culture.

Moe Clark wears many hats. She is a performance artist, poet, educator, activist and sought-after public speaker. She was featured at Ted X Montreal and performed at the Olympic Summer Games in London.

## CANADA DAY STUDENT BBQ

The Spring semester Student Council is excitedly and busily planning for a Canada Day BBQ! The event will take place on the patio outside PHS at 2:45 pm, on Wednesday, June 30th!

There will be tasty free food, musical performances, charades, balloon popping games and chances to win prizes! Don't miss this afternoon of fun, planned by your Council. See you there!



## OUTDOOR YOGA WORKSHOP

in the PHS Wellness Week, PHS organized an outdoor yoga workshop in the morning on Friday, June 25th. Students & teachers were introduced to the world of yoga by a yoga instructor Caroline and all had a good time. PHS hopes you guys stay healthy and happy!



## STUDENT COUNCIL'S KAHOOT TRIVIA GAME

Congratulations to the winners of the first whole school Kahoot game, prepared by the Student Council.

In first place, Mahdi Ahmadi. In second place, Erfan Golpour and in third place, Gakuto Fujishita. Keep up the great work!



# PHS STUDENT COUNCIL

Spring 2021



"I have been here at Pattison high school for almost a year now and this is the second semester of mine as a member of the student council. It was such a great honor that this semester, I was chosen to be the Chair of the Council.

Carrying such a large role, I need to be not only a responsible individual, but also a reliable leader in a team. After all the help from other members, teachers and staff, I personally have developed for myself great skills such as decisiveness, integrity, team development and giving out innovation. I can never thank PHS enough for the experience and am looking forward to the new projects in the future."

**Yen Ngoc N**

"It has been a privilege forming part of the Pattison High School community. At the beginning, I would say that I was worried about the responsibilities that it may take, but as time passed, I found it very enjoyable. This is a place where students share their opinions, ideas, and reinforce their cultural skills. The Student Council is very supportive, encouraging, and always ready to help. Sometimes being at the Student Council might be challenging, but in the end the most important thing is that we can learn something new and have a great time throughout the process."

**Ziwey GL**

## MEET OUR NEW TEAM!







**MR. ARTHURS**  
COUNCIL COORDINATOR



**YEN NGOC N**  
COUNCIL CHAIR



**MAHDI**  
MEMBER



**BAHAREH A**  
MEMBER



**RAY F**  
MEMBER



**ZIWEY GL**  
COUNCIL SECRETARY



**MEHRAD S**  
MEMBER



**AYSE BK**  
MEMBER



**ERFAN R**  
MEMBER

*"The Student Council at Pattison High School, invites students to gain experience in administrative and parliamentary procedure, group planning and cooperation, along with planning events, providing peer-mentorship and collaborative experiences."*

*If anyone is interested in joining the Student Council to earn volunteer hours and professional development evidence (an in-demand university asset), they are encouraged to come and join!"*

Mr. Arthurs

***PHS Student Council '21***





# WELCOME TO PHS STUDENT CLUBS

## Tuesday

### Dance Club

3:45 PM

Room 114

Ms. Pettinger & Ms. Hand

### Chess & Games Club

3:45 PM

Room 116

Mr. Sheldon

## Wednesday

### The Music Club

11:25 AM

The Lunchroom

Mr. Catalano

### Boxing Club

3:45 PM

Outdoors

Ms. Pettinger

## Thursday

### Greek Mythology Club

3:45 PM

Room 111

Ms. Subramaniam

### Basketball Club

3:45 PM

Outdoors

Ms. Pettinger







## MUSIC CLUB



The Music Club meets every Wednesday. Any students who want to perform at school events or to learn about song writing, music arrangement and production are welcome to attend. We try to integrate all styles of music including Rock, Pop, Jazz, Classical, Folk, Indie, Experimental, Electronic and more.



All instrumentalists and vocalists of any experience level are invited to attend. Just bring your passion for music, and your willingness to collaborate and try out new ideas. You will find that it is always a fun and productive environment to be in!

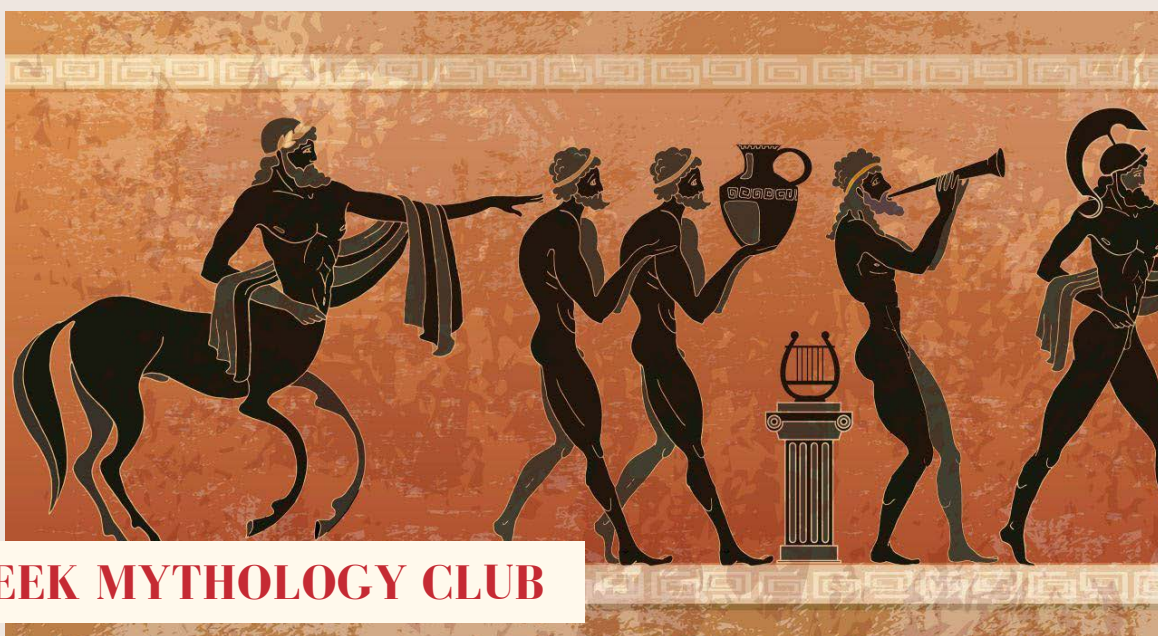
Get involved! Have fun! Get out there and express yourself! DREAM BIG AGAIN!

- Mr. Catalano





**CHESS & GAMES CLUB**



**GREEK MYTHOLOGY CLUB**



**DANCE CLUB**





## BOXING CLUB



## BASKETBALL CLUB





# ART STUDIO

Artistic and creative talent is always present at PHS! Check out the beautiful selection of art pieces below from our students of Art and Photography class. Well done students on your intricate and sophisticated artwork!



*Artwork by Nastaran H*



*Artwork by Mea L*



*Artwork by Alice D*





## RECENT POST-SECONDARY OFFERS

### University of British Columbia

*JIANG, Zheyu (Julie)*

*TRAN, Nhu Quynh (Rosy)*

*ABDOLLAHI, Dara*

### Simon Fraser University

*ABDOLLAHI, Dara*

*XU, Cheng (Mario)*

### University of Ottawa

*WANG, Hairuo (Harry)*

### University of Adelaide

*NGUYEN, Vuong Dat (Andrew)*

### New York University

*ZHANG, Fei (Fox)*

### University of Alberta

*ZHANG, Jiacheng (Jack)*

*WANG, Hairuo (Harry)*

### University of Waterloo

*LI, Chenrunge (Raiany)*

### Western University

*LI, Chenrunge (Raiany)*

*NIKKAR, Darya*

### University of Toronto

*LI, Chenrunge (Raiany)*

*NIKKAR, Darya*

### University of Vietnam

*CHAU, Kim Dat (Travis)*

### Langara College

*HASSAN NAJARI, Mohammad Reza*

*KARIMI, Mohammad (Pedram)*

*SHAMS, Emad*

*Bryan Tjoa*

*Brian Chak Nam Chong*

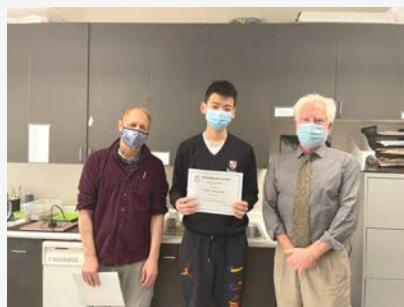
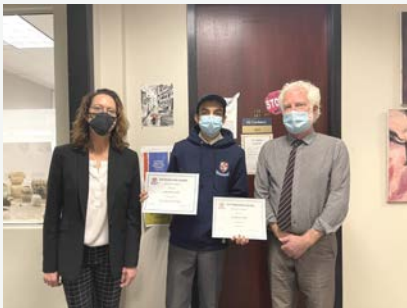




# WINTER AWARDS DAY

Exemplary students were commended for their outstanding academic performances and achievements in Winter 2021 semester.

PHS congratulates you and looks forward to your future successes!



# WINTER AWARDS DAY



*AHMADIAN, Bahareh*  
*GUO LEI, Ziwey*  
*REZAEI, Erfan*  
*MA, Yangchen (Chloe)*  
*ZHANG, Fei (Fox)*  
*GOLPOUR, Erfan*  
*DANG, Thuy Minh Anh*

*AHMADI, Mahdi*  
*SHINODA, Shuri (Ray)*  
*ABDOLLAHI, Dara*  
*ZHANG, Tongtong*  
*FENG, Yingjie (Ray)*  
*ALBORZI, Parsa*

*ZHAN, Jiacheng*  
*NGUYEN, Yen Ngoc*  
*SHIRKHANLOU, Parsia*  
*QI, Jianpeng (Jeremy)*  
*LI, Chenrunge (Raiany)*  
*PENG, Muyuan (Tom)*



*GUO LEI, Ziwey*  
*KARIMI, Mohammad (Pedram)*  
*PENG, Muyuan (Tom)*  
*QI, Jianpeng (Jeremy)*  
*AHMADI, Mahdi*  
*AHMADIAN, Bahareh*

*REZAEI, Erfan*  
*SHINODA, Shuri (Ray)*  
*ZHANG, Tongtong*  
*DANG, Thuy Minh Anh (Jee)*  
*FENG, Yingjie (Ray)*





## Graduates Testimonials



*"Thank you Pattison High School for teaching us to be bold enough to use our voice, brave enough to listen to and believe in ourselves, and strong enough to live the life we've always imagined".*

Darya

University of Toronto

*"Studying at PHS has been overwhelmingly positive for me as an international student. The teachers of Pattison High School are simply amazing. I was so engrossed with my classes that I found myself listening for the pure joy and forgetting to take notes! They encouraged and motivated me to experience the deepest self-reflection I've ever done".*

Dara

University of British Columbia



*"Even though I've only been at Pattison for a year and learning remotely, that hasn't stopped me from having a wonderful experience. I am very grateful to the teachers who have always patiently guided me, no matter what problems I had."*

Harry

University of Alberta

*"I am so grateful to all of the teachers at Pattison High School. The understanding and support they gave me meant so much and I would not be the person I am today without their help. Most importantly, I realized how to manage my mentality to face future challenges. This has shaped me into the capable young adult that I am today".*

Raiany

University of British Columbia

